

The background is a complex marbled paper pattern. It features swirling, organic shapes in various shades of teal, turquoise, and deep blue. Interspersed throughout these swirls are irregular, vein-like patterns of a warm, golden-brown or copper color. The overall effect is rich and textured, reminiscent of traditional marbling techniques.

SPA

AT BLYTHSWOOD SQUARE

FREQUENTLY ASKED QUESTIONS

HOW CAN I MAKE A BOOKING?

Bookings can be made direct online, by calling the spa or sending us an email with the date and time you would like to arrive and what package or treatment you would like to book. If making a group booking, please send us a list of each of your party's name and what treatment everyone would like.

HOW DO I GET TO THE SPA?

On street parking is available for £4 an hour for a maximum of two hours and Q Park Sauchiehall Street is also nearby. The entrance to Q Park is on Bath Street. We are close to both Queen Street and Glasgow Central stations. It is a five to ten minutes' walk from either station, or alternatively a taxi will cost around £5.

I HAVE A MEDICAL CONDITION

Please make the team aware prior to your arrival so that they can offer you the best advice in relation to which treatment you should have and arrange for you to be with the correct therapist.

I AM PREGNANT CAN I STILL COME TO THE SPA?

You can use two of the five heated rooms and one of the two pools. If you are past your first trimester you can have a mother-to-be massage or a facial, before this stage we would not be able to carry out any treatments – please advise the team when booking and please also note this on your consultation card on the day.

WHAT SHOULD I BRING AND WEAR?

If you are having a massage or treatment you should wear underwear – we will provide towels, robes and flips flops for you to wear. Shampoo, conditioner and body wash are available as is the use of hairdryers and straighteners. There are lockers for you to store your clothes and valuables, and we recommend that you leave your phone and other valuable items in your locker. If you are having lunch or afternoon tea in the spa lounge you are welcome to wear a robe – there is no need to get changed during your spa day. Please let us know if you are celebrating a special occasion or if we can do anything to make your visit more enjoyable. If you are using the Thermal Experience you should bring some swimwear.

WHEN SHOULD I ARRIVE?

We recommend that you arrive around 20 minutes prior to your treatment start time. If you are also using the Thermal Experience, we suggest allowing two to three hours prior to your treatment.

IS ACCESS TO THE SPA INCLUDED IN THE PRICE OF A TREATMENT?

Access to the Thermal Experience is not included as part of your treatment and can be added for £25 per person Monday to Thursday and £45 per person Friday to Sunday. We also offer a variety of spa packages which include access to The Thermal Experience. Swimwear must be worn while you are using the Thermal Experience, and we don't recommend wearing robes. Use of the Thermal Experience without treatments is £70 per person. The thermal experience is for over 16s only.

HOW DO I PAY?

You can pay on the day by credit or debit card, cash or gift voucher. We don't take pre-payment for treatments, except for gift vouchers. If you are redeeming a gift voucher, please bring a copy with you on the day.

WHAT IS YOUR CANCELLATION POLICY?

If you need to cancel your treatment, please contact us no later than 48 hours in advance as after this your full payment would still be chargeable.

CAN I ADD ADDITIONAL ITEMS ON THE DAY?

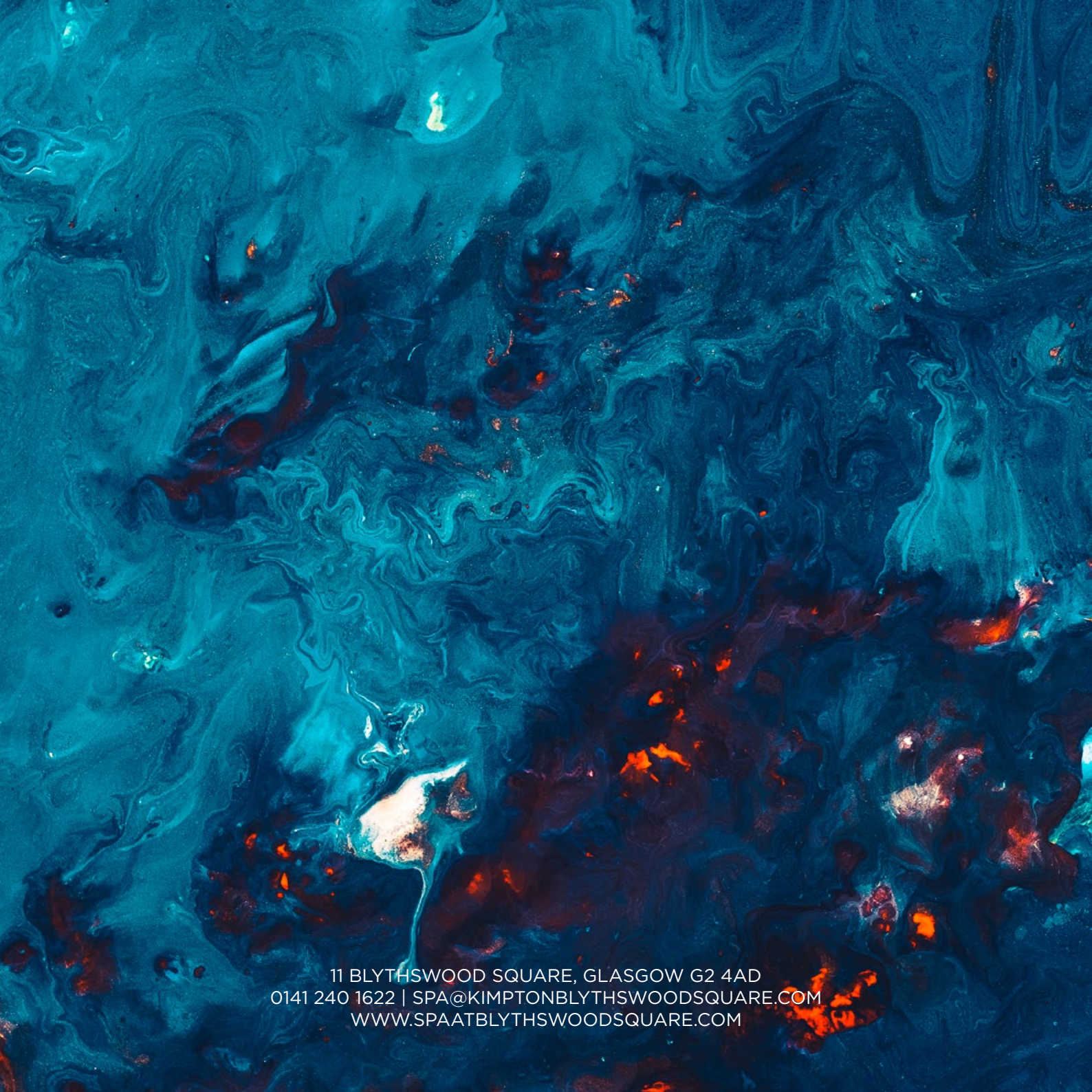
We will try to accommodate adding additional treatments and dining options to your booking on the day, but we would recommend that you add any extras you would like prior to your arrival to avoid disappointment.

CAN I BUY PRODUCTS USED THROUGHOUT MY SPA DAY?

Your therapist will provide full aftercare and will recommend relevant products to you. We stock a range of ishga, Murad, Timeless candles, Flexi Skin London and Glasgow Soap Company.

WHAT TIME IS THE SPA LOUNGE OPEN UNTIL?

We serve food in the spa lounge from 12noon until 8pm, Afternoon Tea is available between 12noon and 4:45pm. We also serve a range of different hot and cold beverages from 7am until 9pm. You can dine in the spa lounge wearing your robe or fully clothed.



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